

# MENTAL HEALTH

## ASSOCIATE IN APPLIED SCIENCE DEGREE AND CERTIFICATE PROGRAMS

Millions of people in the United States are affected by mental illness each year. KVCC's Mental Health program provides the essential skills and knowledge needed for entry-level and case management positions within the mental health field in Maine as Mental Health Rehabilitation Technicians. The MHRT/Community certification applies to providers of community support services, case management services, intensive case management services, assertive community treatment, and day support services as outlined in Chapter II of the MaineCare Benefits Manual, Section 17.

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"KVCC's Mental Health program was the foundation of my education. It taught me the values I use in my work today, particularly honoring the dignity and worth of every individual, even those that happen to be different."



## Prepare for certification as a Mental Health Rehabilitation Technician



### What Mental Health graduates do:

- Provide community support
- Conduct intensive case management
- Day support services
- Deliver assertive community treatment
- Crisis counseling

### Career Opportunities:

- Mental health agencies
- Rehabilitation centers
- Group homes
- Corrections facilities
- Nursing homes
- Case management offices

For further questions about this program, please contact: [enrollment@kvcc.me.edu](mailto:enrollment@kvcc.me.edu)

# MENTAL HEALTH

## Associate in Applied Science Degree

### First Semester

COM105	Interpersonal Communication . . . . .	3
ENG101	College Composition . . . . .	3
MHT101*	Mental Health Seminar . . . . .	1
MHT105*	Mind-Body Connection . . . . .	3
SOC101	Intro to Sociology . . . . .	3

### Second Semester

ENV101	Environmental Science (SC) . . . . .	4
MAT111	Quantitative Reasoning . . . . .	3
MHT130*	Diversity and Culture . . . . .	3
MHT135*	Substance Abuse . . . . .	3
PSY101	Introduction to Psychology . . . . .	3

### Third Semester

MHT201*	Policy Knowledge . . . . .	3
MHT204*	Behavioral Psych & Rehab Int. . . . .	3
MHT205*	Trauma and Resiliency . . . . .	3
PSY204	Abnormal Psychology (GE) . . . . .	3
PSY215	Developmental Psychology . . . . .	3

### Fourth Semester

MHT225*	Community Integration & Inclusion . . . . .	3
MHT227*	Vocational Supports . . . . .	3
MHT230	Ethics and Prof Conduct . . . . .	3
MHT232	Advanced Topics in Substance Abuse <b>OR</b>	
SOC204	Social Problems . . . . .	3
MHT235*	Senior Seminar . . . . .	1
PHI101	Intro to Philosophy (H) . . . . .	3

**Total Credits** **60**

## Certificate

### First Semester

MHT101*	Mental Health Seminar . . . . .	1
MHT105*	Mind-Body Connection . . . . .	3
MHT130*	Diversity and Culture . . . . .	3
MHT201*	Policy Knowledge . . . . .	3
MHT204*	Behav, Psych & Rehab Int. . . . .	3

### Second Semester

MHT205*	Trauma and Resiliency . . . . .	3
MHT225*	Community Integration & Inclusion . . . . .	3
MHT227*	Vocational Supports . . . . .	3
MHT230*	Ethics & Prof Conduct . . . . .	3

**Total Credits** **25**

## CRITERIA FOR GRADUATION

Completion of 25 credits in the certificate program or 60 credits in the Associate degree, and a grade of "C" or better in all core courses (\*) and a cumulative GPA of 2.0, or better, are required for graduation and State Certification. (GE,H,SC) Suggested Electives. Please contact your advisor for more information.

**This program is accessible 100% online.**

# MENTAL HEALTH

## Associate in Applied Science Degree, Certificate

### DESCRIPTION

The Associate in Applied Science degree in Mental Health will prepare students for entry-level and above positions in areas of substance abuse, mental health rehabilitation, developmental disability services, and gerontology. The Certificate will allow students to focus their efforts on obtaining the state certificate while keeping the option for continuing on open.

Students who complete MHT225, MHT230, MHT204, and one other eligible MHT course (with a "C" or better) can apply to the Muskie School Center for Learning for the Provisional MHRT-Community Certification. Students who then complete the remaining four domain courses can apply to the Muskie School Center for Learning for the Full MHRT-Community Certification.

### PROGRAM MISSION

KVCC's Mental Health programs prepare students to work with individuals with prolonged, pervasive, and persistent mental illness. Core courses in these provide students with the core competencies for their Mental Health Rehabilitation Technical / Community (MHRT/C) level of certification.

Persons with an MHRT/C can apply for positions in the mental health field including Community Integration, Intensive Case Management, Assertive Community Treatment, Skills Development, Day Support Services, and Family Psycho-Education.

### EDUCATIONAL OUTCOMES

Program Goals and Student Learning Outcomes

Upon completion of the Associate in Applied Science degree or Certificate in Mental Health, the graduate is prepared to:

1. Utilize knowledge and elementary counseling skills to engage and collaborate with clients and their families.
2. Demonstrate knowledge of the formal and informal support systems in the community.
3. Analyze problems as they occur in the community work setting and provide support and information to solve these problems.
4. Collaborate with other treatment team members from a variety of disciplines and perspectives in the treatment of individuals, families, and other groups.
5. Demonstrate awareness of the challenges individuals with mental health problems and diagnoses face regarding human rights, access to services, financial strain, and social stigma.
6. Assume ethical responsibility for their actions and abide by the ethical principles outlined in the field of Human Services.
7. Establish and engage in a process of continued personal and professional growth in order to remain personally healthy and effective, and professionally competent.

### COLLEGE ADMISSION

General admission guidelines can be found on [page 34](#) in the catalog.