

# SUCCESS

→ go get it →

Winter 2020

## KVCC ADVENTURES IN #ADULTING

No cost college and life skills workshops  
for KVCC students



**Learn Strategies &  
Develop Skills to Succeed**

Basic Budgeting

Clean Up Your Credit

Build Your Credit

Meal Planning on a Budget

Resume Writing

Interview Skills

Parenting

Leadership

**Free lunch available!**

Made possible by the KVCC Foundation and Maine Adult Promise.



# KVCC #ADULTING

## Winter Workshop Schedule:



### College Ready in the New Year!

Thursday January 16 1:00-3:00 p.m.

KVCC King Hall Room 114

Patrick Blanchette, Maine Educational Opportunity Center

Start the New Year off RIGHT! Come learn what you need to know about financial aid, new scholarships, tax credits, student loans, and overall financial wellness - what does it all mean??

### Career Readiness Series

Thursday February 6 10:00-12:00 noon

Thursday February 20 10:00-12:00 noon

Thursday March 5 10:00-12:00 noon

KVCC Alford Campus, Averill CareerCenter 130

Margo Hanlon, Maine CareerCenter

Learn to create an effective cover letter & resume & develop interview skills that highlight your unique qualifications. You do not need to attend all 3 workshops to gain new skills!

Lunch will be provided by rsvp at 12:30 for 1:00 afternoon workshops and 12:00 for 10:00 morning workshops .

\$20 KVCC Cafe and/or gas cards will be provided to participants.

### Family Meal Planning on a Budget

Thursday, March 12 1:00-3:00 p.m.

KVCC Alford Campus, Averill Room 110

Keith Giles '19, KVCC Salubrious

Have limited time & money but still want to prepare amazingly healthy & delicious meals? Learn to put together simple meals that you & your family will love!



QUESTIONS OR  
MORE INFORMATION:

Phone: (207) 453-5020  
Email: [foundation@kvcc.me.edu](mailto:foundation@kvcc.me.edu)

REGISTRATION: [www.kvcc.me.edu/foundation/workshops](http://www.kvcc.me.edu/foundation/workshops)

Made possible by the KVCC Foundation and Maine Adult Promise.