

# MENTAL HEALTH

## ASSOCIATE IN APPLIED SCIENCE DEGREE AND CERTIFICATE PROGRAMS

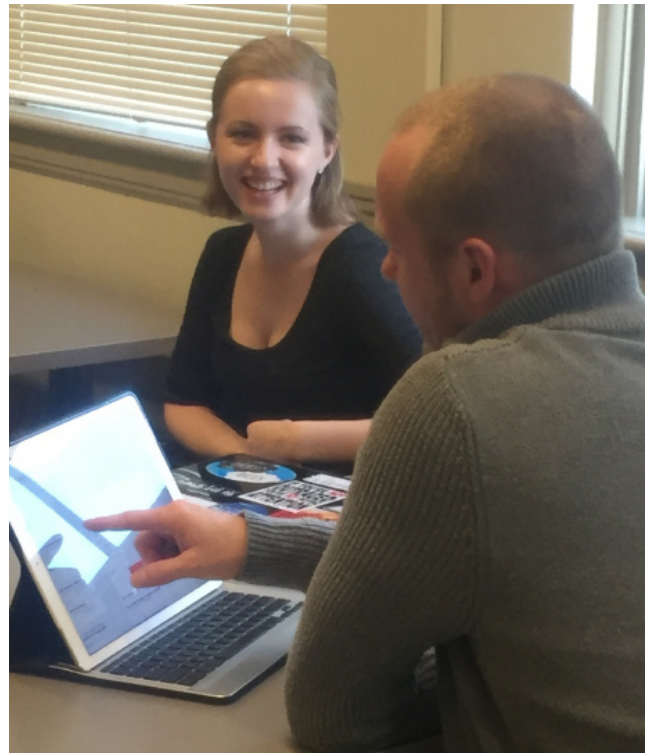
Approximately one in five adults (45.6 million) in the United States suffer from a diagnosable mental illness. KVCC's Mental Health program provides the essential skills and knowledge needed for entry-level and case management positions within the mental health field in Maine as Mental Health Rehabilitation Technicians. The MHRT/Community certification applies to providers of community support services, case management services, intensive case management services, assertive community treatment, and day support services as outlined in Chapter II of the MaineCare Benefits Manual, Section 17.

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"KVCC's Mental Health program was the foundation of my education. It taught me the values I use in my work today, particularly honoring the dignity and worth of every individual, even those that happen to be different."



## Prepare for licensing as a Mental Health Rehabilitation Technician



### What Mental Health graduates do:

- Provide community support
- Conduct intensive case management
- Day support services
- Deliver assertive community treatment
- Crisis counseling

### Career Opportunities:

- Mental health agencies
- Rehabilitation centers
- Group homes
- Corrections facilities
- Nursing homes
- Case management offices

For further questions about this program, please contact:

[mh@kvcc.me.edu](mailto:mh@kvcc.me.edu) or go to: [www.kvcc.me.edu/mh](http://www.kvcc.me.edu/mh)

## MENTAL HEALTH

COURSE #	COURSE TITLE	CREDITS	PREREQUISITES (CO-REQUISITES)
<b>Associate in Applied Science Degree</b>			
<i>First Semester</i>			
__ __	MHT101* Mental Health Seminar	1	
__ __	COM104 Introduction to Communication OR		
__ __	COM105 Interpersonal Communication	3	
__ __	ENG101 College Composition	3	Min. Accuplacer writing score of 74
__ __	MHT104* Community Mental Health	3	
__ __	MHT110* Interviewing and Counseling	3	
__ __	MHT112* Crisis Identification and Intervention	3	
<i>Second Semester</i>			
__ __	MAT113 Elements of Mathematics OR		Min. Accuplacer arithmetic score of 55
__ __	MAT117 College Algebra	3	High school algebra, min. Accuplacer algebra score of 75, or successful completion of MAT031
__ __	MHT124* Psychosocial Rehabilitation	3	
__ __	MHT125* The Changing Workplace	3	
__ __	PSY101 Introduction to Psychology	3	
__ __	_____ General Education Elective	3	
<i>Third Semester</i>			
__ __	MHT214* Incest, Sexual Abuse, and Trauma	3	
__ __	MHT216* Mental Health and Aging	3	
__ __	MHT218* Substance Abuse Counseling for Special Populations (Dual Diagnosis)	3	
__ __	SOC101 Introduction to Sociology	3	
__ __	_____ Science course with lab	4	
<i>Fourth Semester</i>			
__ __	ENG121 Introduction to Literature	3	ENG101 or ENG108
__ __	MHT220* Case Management	3	
__ __	MHT226* Vocational Aspects of Disability	3	
__ __	PSY204 Abnormal Psychology OR		PSY101
__ __	SOC204 Social Problems	3	SOC101
__ __	_____ General Education Elective	3	
	Total Credits	62	

## CRITERIA FOR GRADUATION

A grade of "C" or better in all core courses (\*) and a cumulative GPA of 2.0, or better, are required for graduation.

Revised: May 20, 2015