Approximately one in five adults (45.6 million) in the United States suffer from a diagnosable mental illness. KVCC’s Mental Health program provides the essential skills and knowledge needed for entry-level and case management positions within the mental health field in Maine as Mental Health Rehabilitation Technicians. The MHRT/Community certification applies to providers of community support services, case management services, intensive case management services, assertive community treatment, and day support services as outlined in Chapter II of the MaineCare Benefits Manual, Section 17.

“What Mental Health graduates do:

- Provide community support
- Conduct intensive case management
- Day support services
- Deliver assertive community treatment
- Crisis counseling

Career Opportunities:

- Mental health agencies
- Rehabilitation centers
- Group homes
- Corrections facilities
- Nursing homes
- Case management offices

For further questions about this program, please contact: mh@kvcc.me.edu or go to: www.kvcc.me.edu/mh
MENTAL HEALTH

COURSE #  COURSE TITLE  CREDITS  PREREQUISITES (CO-REQUISITES)

Associate in Applied Science Degree

First Semester

__ __ MHT101* Mental Health Seminar 1
__ __ COM104 Introduction to Communication OR
__ __ COM105 Interpersonal Communication 3
__ __ ENG101 College Composition 3  Min. Accuplacer writing score of 74
__ __ MHT104* Community Mental Health 3
__ __ MHT110* Interviewing and Counseling 3
__ __ MHT112* Crisis Identification and Intervention 3

Second Semester

__ __ MAT113 Elements of Mathematics OR  Min. Accuplacer arithmetic score of 55
__ __ MAT117 College Algebra 3  High school algebra, min. Accuplacer
__ __ MHT124* Psychosocial Rehabilitation 3  algebra score of 75, or successful
__ __ MHT125* The Changing Workplace 3  completion of MAT031
__ __ PSY101 Introduction to Psychology 3
__ __ _______ General Education Elective 3

Third Semester

__ __ MHT214* Incest, Sexual Abuse, and Trauma 3
__ __ MHT216* Mental Health and Aging 3
__ __ MHT218* Substance Abuse Counseling for Special 3
__ __ SOC101 Introduction to Sociology 3  Populations (Dual Diagnosis)
__ __ _______ Science course with lab 4

Fourth Semester

__ __ ENG121 Introduction to Literature 3  ENG101 or ENG108
__ __ MHT220* Case Management 3
__ __ MHT226* Vocational Aspects of Disability 3
__ __ PSY204 Abnormal Psychology OR  PSY101
__ __ SOC204 Social Problems 3  SOC101
__ __ _______ General Education Elective 3

  Total Credits 62

CRITERIA FOR GRADUATION

A grade of “C” or better in all core courses (*) and a cumulative GPA of 2.0, or better, are required for graduation.

Revised: May 20, 2015