



Alfond

15 Stanley rd, Hinckley Maine

Recreation Center

Information



Recreation Center Hours

The Recreation Center is open Monday through Thursday from 8:00am to 8:00pm

Friday Hours: 10:00am to 5:00pm

Saturday Hours 8:00am to 12:00pm.

Racquetball and Equipment Check-out can only be done during staffed hours.

General Rules

Street shoes and any other type of footwear other than basketball or athletic shoes are prohibited. All equipment should be returned in working condition and should only be used for its intended purpose. The Fitness Center can only be accessed after the completion of the Recreation and Fitness Waiver form under the campus life section of the KVCC Portal.



Racquetball

Another exciting addition to the recreation center is a renovated racquetball court with a glass viewing area. Racquets, goggles and balls can be checked out during the staffed hours. Groups will want to contact the recreation center staff to reserve play time.



Hardwood Regulation Sized Basketball Court

One of the greatest features of the Alford Recreation Center at Kennebec Valley Community College in Hinckley Maine is a beautiful regulation sized basketball court. With the ability to drop down side court hoops, this is an ideal location for pickup basketball games, small basketball tournaments or full scale league and school games. Posts and nets can also be setup for indoor volleyball games. An indoor baseball pitching net can be lowered for teams looking to practice pitching and batting during the winter months. Basketball, volleyball, and pitching equipment available during staffed hours.

If interested in joining an athletic based club or any scheduled fitness and health classes, please check out the Student Life section of our website: www.kvcc.me.edu



Fitness Center

Students and community members can now access a complete exercise and fitness center within the Alford Recreation Center. Here you will find a complete range of cardio, circuit, free weight and strength training equipment. A punching bag can also be found along with yoga mats, aerobic steps and an smart tv to access music and workout videos with. We are offering free training on fitness equipment usage on Tuesdays and Thursdays from 5pm to 6pm.

We hope to see you soon at the Kennebec Valley Community College Recreation Center!! If you have any questions please contact:

Director of Student Life Kevin Richards
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