



# OCCUPATIONAL THERAPY ASSISTANT

Help people regain function and independence

“After I earned my bachelor’s degree in psychology, I found that there were no real jobs for me. After several years, I decided to go back to school and chose KVCC’s OTA degree. Not only was the quality of education better and more challenging, but now I will have a job helping people the way I imagined I would when I first started going to college.”

The goal of Occupational Therapy is to promote skill, function, independence, health, and wellness in relation to a person’s life occupations. The Occupational Therapy Assistant (OTA/COTA) provides comprehensive OT services under the supervision of an Occupational Therapist (OT/OTR). Occupational Therapy enables people of any social circumstance, age, ability, injury, and/or disease to engage in meaningful life activities - the OCCUPATIONS of life. **KVCC has the only OTA program in the State of Maine.**

## What Occupational Therapy Assistant graduates do:

Activities of daily living	Ergonomics education
Skills training and acquisition	Sensory processing skills
Functional rehabilitation	Cognitive/neuromuscular re-education
Environmental modifications	Assistive technology

## Students will learn:

Occupation based practice	Diversity and health literacy
Creative problem solving	Activity analysis
Professional advocacy	Assessment and intervention skills
Health and wellness	Therapeutic use of self

## Occupational Therapy Assistant graduates work in:

Hospitals	Schools and child development clinics
Mental health settings	Brain injury rehabilitation
Rehabilitation	Workplace health/ergonomics
Skilled nursing facilities	Home modifications/aging in place



Accredited by the Accreditation Council for Occupational Therapy Education  
4720 Montgomery Lane, Suite 200, Bethesda, MD 20814-3449  
Telephone: 301-652-2682, Website: [www.aota.org](http://www.aota.org)

## Program entry requirements:

To see the entrance requirements for this program, please visit the pages ahead, and visit [www.kvcc.me.edu/prereq](http://www.kvcc.me.edu/prereq)

For further questions about this program, please contact Diane Sauter-Davis at:

[ota@kvcc.me.edu](mailto:ota@kvcc.me.edu)

or go to:

[www.kvcc.me.edu/ota](http://www.kvcc.me.edu/ota)



# OCCUPATIONAL THERAPY ASSISTANT

Course #	Course Title	Credits	Prerequisites (Co-requisites)
<b><u>Associate in Applied Science Degree</u></b>			
<b><u>FIRST SEMESTER</u></b>			
__ __	BIO213 Anatomy and Physiology I.....	4	Min. Accuplacer reading score of 80, completion of LEAP seminar, or successful completion of a college level laboratory science course
__ __	ENG101 College Composition .....	3	Min. Accuplacer writing score of 74
__ __	OTS101 Introduction to Occupational Therapy and Human Occupation .....	7	(BIO213, ENG101, PSY101)
__ __	PSY101 Introduction to Psychology .....	3	
<b><u>SECOND SEMESTER</u></b>			
__ __	BIO214 Anatomy and Physiology II .....	4	Minimum grade of "C" in BIO213
__ __	OTS102 Occupational Therapy across the Life Span I .....	5	BIO213, ENG101, OTS101, PSY101 (BIO214, OTS103, OTS104, PSY215)
__ __	OTS103 Functional Kinesiology .....	3	BIO213, ENG101, OTS101, PSY101 (BIO214, OTS102, OTS104)
__ __	OTS104 Interpersonal Skills for the Practicing Allied Health Professional .....	1	BIO213, ENG101, OTS101, PSY101 (BIO214, OTS102, OTS103)
__ __	PSY215 Developmental Psychology .....	3	PSY101
<b><u>SUMMER SESSION (5 WEEKS)</u></b>			
__ __	COM104 Introduction to Communication.....	3	
__ __	OTS105 Fieldwork Education I.....	2	OTS102, OTS103, OTS104 (COM104, OTS107, OTS109)
__ __	OTS107 Assistive Technology in OT Practice.....	1	OTS102, OTS103, OTS104 (COM104, OTS105, OTS109)
__ __	OTS109 Group Process .....	1	OTS102, OTS103, OTS104 (COM104, OTS105, OTS107)
<b><u>THIRD SEMESTER</u></b>			
__ __	OTS201 Practice Environments Seminar .....	2	BIO214, COM104, OTS105, OTS107, OTS109, PSY215 (OTS203, SOC101, HUM elective)
__ __	OTS203 Occupational Therapy across the Life Span II.....	10	BIO214, COM104, OTS105, OTS107, OTS109, PSY215 (OTS201, SOC101, HUM elective)
__ __	SOC101 Introduction to Sociology .....	3	
__ __	_____ Humanities Elective .....	3	
<b><u>FOURTH SEMESTER</u></b>			
__ __	OTS206 OTA Fieldwork Education II - A.....	6	All academic coursework as defined in the OTA program of study must be successfully completed prior to taking this course.
__ __	OTS208 Fieldwork Education II - B .....	6	All academic coursework as defined in the OTA program of study must be successfully completed prior to taking this course.
<b>TOTAL CREDITS .....</b>		<b>70</b>	

## Criteria for Graduation

Students must complete 70 credits in the Occupational Therapy Assistant program, achieve a minimum grade of "C," or "PASS" criteria, in all courses, and attain a final GPA of 2.00 or higher.